# Advanced Deep Vein Thrombosis Treatment in Delhi

Deep Vein Thrombosis (DVT) is a serious vascular condition caused by the formation of a blood clot in a deep vein, most commonly in the legs. At Shri Ram Hospital, we provide advanced Deep Vein Thrombosis treatment using evidence-based protocols, modern diagnostic technology, and personalised treatment plans. For patients requiring intervention, our specialists also offer Deep Vein Thrombosis surgery using advanced minimally invasive techniques.

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# What is Deep Vein Thrombosis (DVT)?

Deep Vein Thrombosis occurs when a blood clot develops in a deep vein, usually in the lower limbs. If left untreated, the clot may travel to the lungs and cause a potentially life-threatening pulmonary embolism.
Early diagnosis and prompt Deep Vein Thrombosis treatment are essential to reduce complications and improve long-term vascular health.

- Calf veins
- Thigh veins
- Pelvic veins
- Occasionally upper limb veins

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# Symptoms That Should Never Be Ignored

Immediate medical evaluation is recommended if you experience symptoms suggestive of Deep Vein Thrombosis.

Swelling in one leg

Heaviness in the leg

Pain or tenderness in the calf or thigh

Persistent leg discomfort

Warmth over the affected area

Visible swollen veins in some cases

Red or discoloured skin

# Causes and Risk Factors

## Who Is at Risk for Deep Vein Thrombosis?

Several medical and lifestyle factors can increase the likelihood of developing DVT.

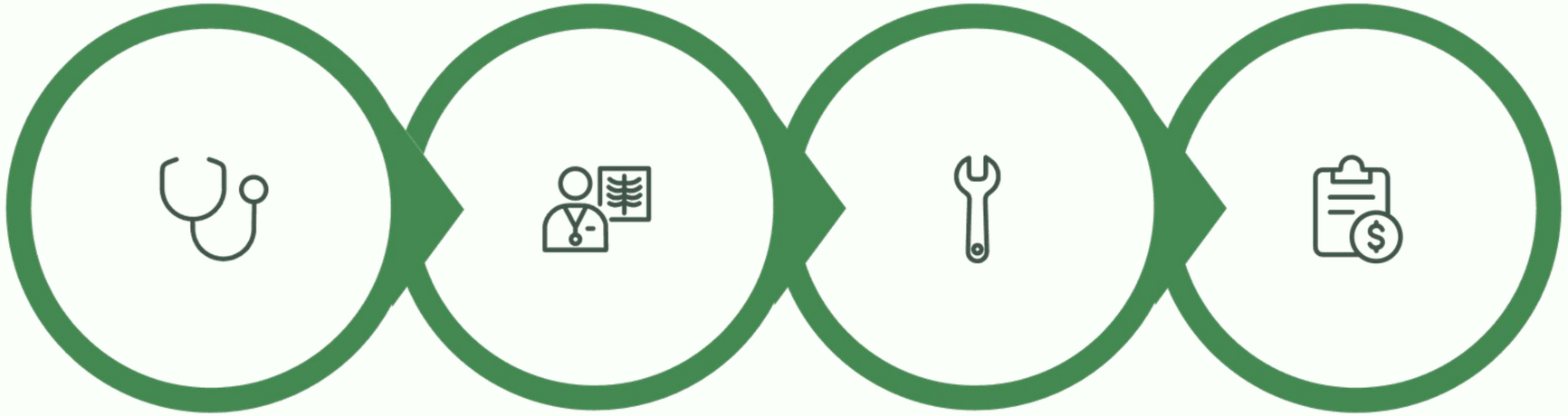
### *Common Risk Factors*

- Prolonged immobility
- Recent surgery or trauma
- Pregnancy and the postpartum period
- Increasing age
- Obesity
- Smoking
- Family history of clotting disorders
- Certain medical conditions and medications

A comprehensive vascular assessment helps identify individual risk factors and guides the most appropriate treatment strategy.

# Diagnosis of Deep Vein Thrombosis

At Shri Ram Hospital, our vascular specialists use advanced diagnostic methods to confirm DVT and determine the extent of the clot.




Accurate diagnosis ensures that every patient receives the most appropriate Deep Vein Thrombosis treatment based on their condition.

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# Advanced Deep Vein Thrombosis Treatment Options

Treatment is tailored according to the clot location, severity, patient health, and risk of complications.

- Accurate Diagnosis
- Reduced Recurrence
- Muscle Preservation
- Faster Recovery

# Recovery and Long-Term Prevention

Successful recovery involves medical care, lifestyle changes, and regular follow-up.

### Maintain hygiene

Follow wound care instructions carefully

### High-fibre diet

Stay well hydrated to ease bowel movements

### Attend follow-ups

Scheduled visits ensure proper healing progress

# Why Choose Shri Ram Hospital?

Patients seeking Deep Vein Thrombosis treatment choose Shri Ram Hospital for its experienced specialists, advanced infrastructure, and multidisciplinary approach.

## Expert Surgeons

Experienced general and colorectal specialists

## Advanced Facilities

Modern surgical infrastructure and diagnostics

## Personalised Care

Evidence-based, individualised treatment plans

## Safety & Hygiene

High standards of safety and post-operative support

# When is Deep Vein Thrombosis Surgery Recommended?

While many patients respond well to medication, some may require Deep Vein Thrombosis surgery or minimally invasive vascular procedures.

## Surgical Treatment May Be Considered For

- Extensive blood clots
- Severe symptoms
- High risk of pulmonary embolism
- Poor response to medication
- Selected emergency situations

## Advanced Treatment Approaches

- Catheter-directed thrombolysis
- Mechanical clot removal (when indicated)
- Other minimally invasive vascular interventions
- Individualised surgical planning by vascular specialists

Every patient undergoes a detailed evaluation to determine the safest and most effective treatment option.

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# Book Your Consultation Today

## Location

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Take the first step towards recovery — our experienced team is here to help you regain comfort and improve your quality of life.